

CTE Month!

February

IS NATIONAL CAREER AND TECHNICAL EDUCATION MONTH

WHAT IS CTE?

CAREER AND TECHNICAL EDUCATION IS FOCUSED ON HELPING STUDENTS DEVELOP SKILLS, GAIN AN ACADEMIC FOUNDATION, AND REAL-WORLD EXPERIENCE IN ORDER TO EXCEL IN HIGH-DEMAND AND HIGH-PAYING JOBS

Follow Us!
[@haysvillegearup](#)



Popular CTE Opportunities at WSU Tech

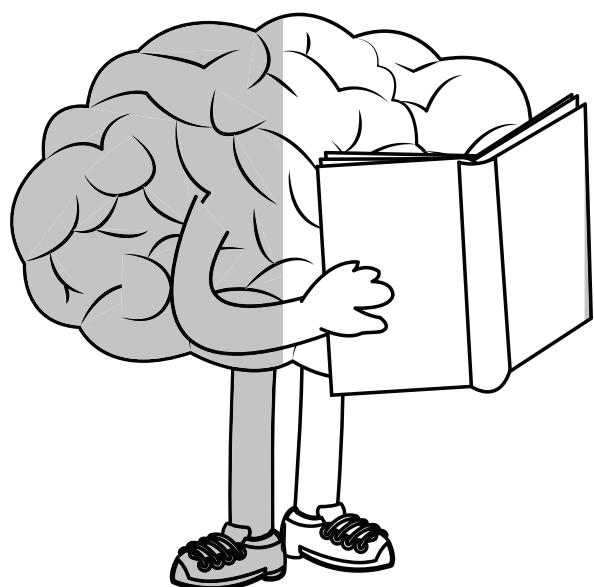
- AVIATION
- CULINARY
- HEALTHCARE
- MANUFACTURING
- AUTOMOTIVE
- BUSINESS
- COMPUTERS
- DESIGN
- LAW ENFORCEMENT

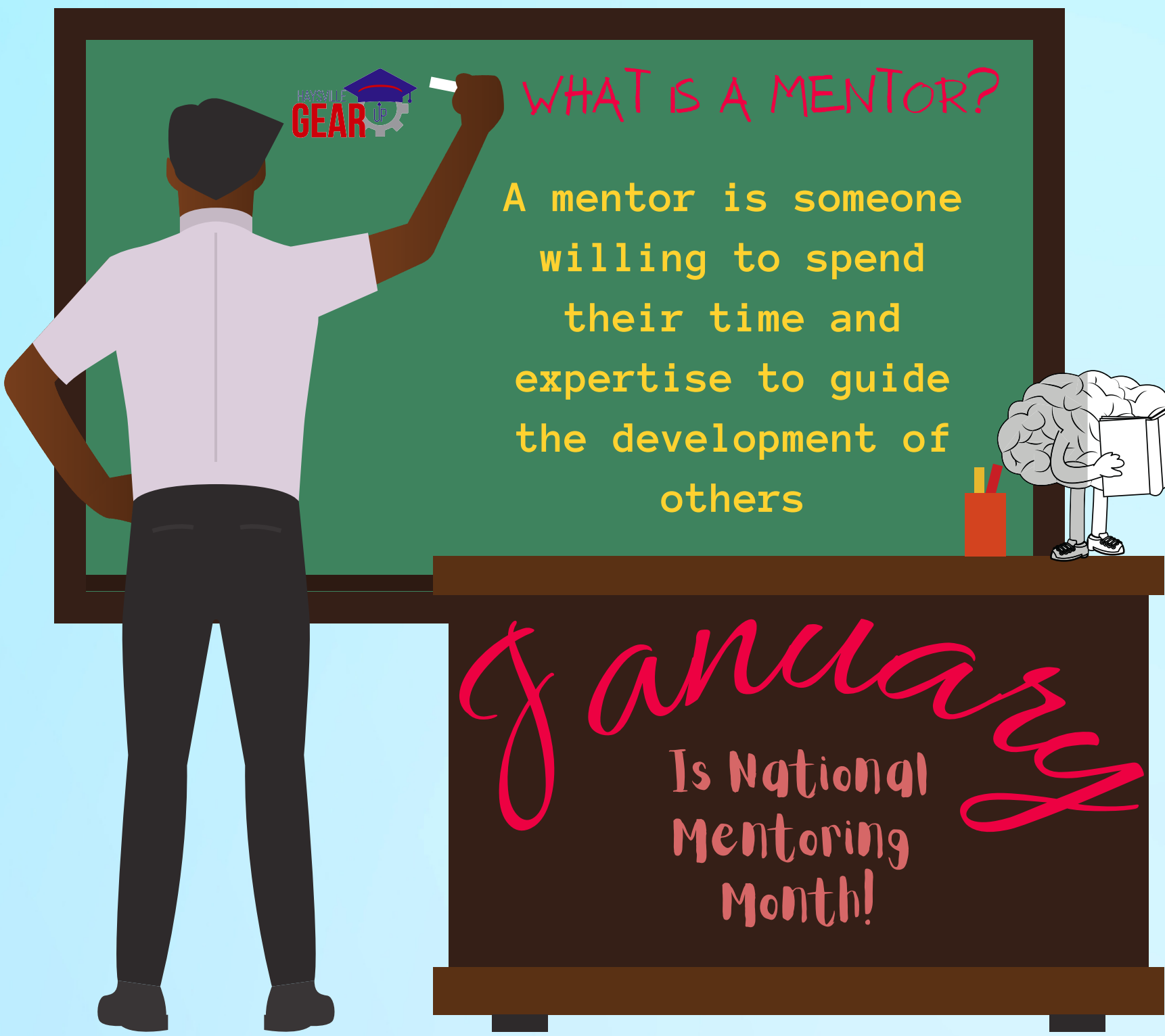
Over 75% of students who take CTE classes in high school enroll in postsecondary education after graduating from high school.

Send your answer to the toilet trivia to Haysvillegearup for the chance to win!

Toilet Trivia

Did you know that the average graduation rate for students who have completed CTE programs is 93%? What is the national average graduation rate?





You've Got a Friend in Me



Mentoring relationships are powerful tools for connection and are critical to our future. Make sure to thank a mentor today!

STUDENTS WITH MENTORS ARE 55% MORE LIKELY TO BE ENROLLED IN COLLEGE, 78% MORE LIKELY TO VOLUNTEER IN THEIR COMMUNITIES, 81% MORE LIKELY TO REGULARLY PARTICIPATE IN SPORTS AND EXTRACURRICULAR ACTIVITIES, AND MORE THAN TWICE AS LIKELY TO SAY THEY HELD A LEADERSHIP POSITION IN A CLUB OR SPORTS TEAM.

Upcoming Events

JANUARY 6, 2022
I AM A MENTOR DAY

JANUARY 17, 2022

INTERNATIONAL DAY
OF MENTORING

JANUARY 27, 2022

THANK YOUR
MENTOR DAY

Toilet Task

IF A NAME COMES TO MIND
WHEN YOU THINK OF A
MENTOR, SEND THEM A
THANK YOU NOTE!



If you light a lamp for
someone it will also
brighten your own path

-BUDDHIST PROVERB



STALL STREET JOURNAL

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FOLLOW
US!



Speak for Yourself

STALL STREET JOURNAL APRIL

Self-advocacy is the ability to articulate one's needs and make informed decisions about the support necessary to meet those needs.

Three Keys of Self-Advocacy

1. Know yourself
2. Know what you need
3. Know how to get what you need



3 Steps to Self-Advocacy

Let's say you would like a copy of class notes from your teacher to better assist your learning in class. Use these steps to ask for extra help!

The Mirror Exercise

Stand in front of a mirror and say your name. For two minutes, appreciate yourself. Think about your accomplishments, successes, risks taken, disciplines kept, temptations resisted-praise yourself for the work you've done so far and appreciate that there is still more work to be done. You are a work in progress, appreciate every step of the journey.

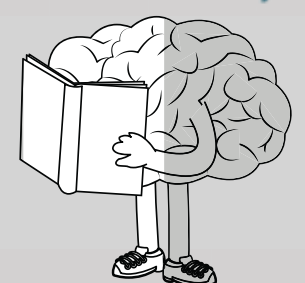


Toilet Task

Do you have a cool talent like spinning a basketball on your finger? Complete our toilet task below for a chance win a prize!



Head on over to the GEAR UP Bulletin Board and find the "Reflective Journaling" handout. List, draw, or express 25 different ways that make you feel special.



Follow Us!



@HaysvilleGEARUP



Practice your responses to interview questions before you get to the interview. Research the company or college you're applying to and make sure to prepare at least two questions.

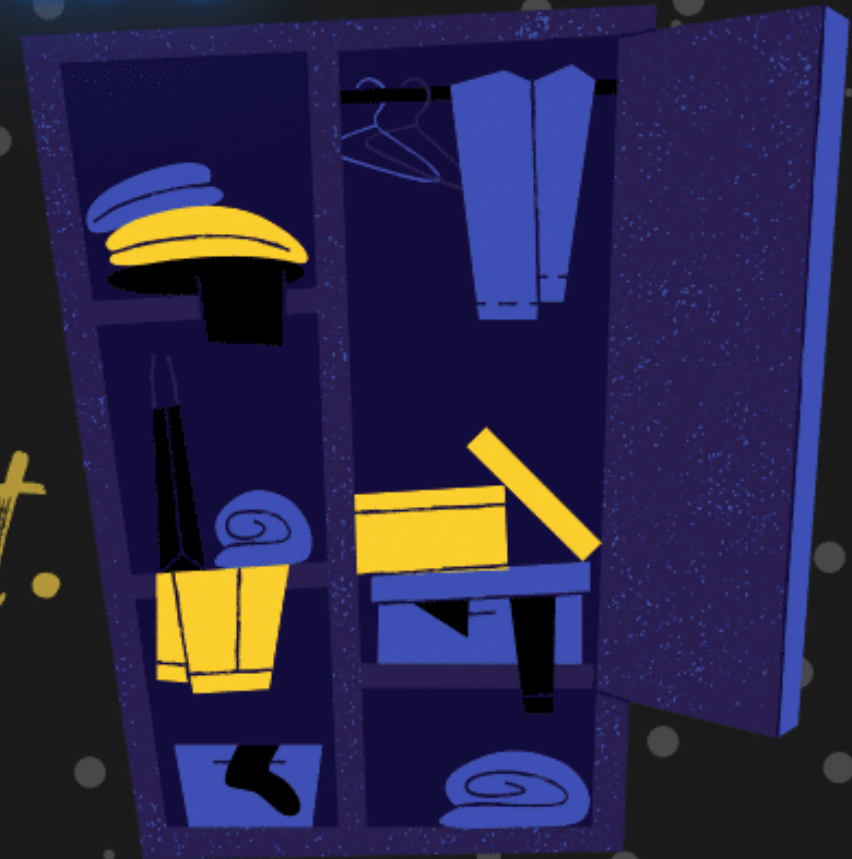
NEVER BE AFRAID TO SAY YOU DON'T KNOW OR YOU NEED HELP. THERE IS STRENGTH IN VULNERABILITY.

The Social Network

MARCH STALL
STREET JOURNAL

Follow and interact with people or activities that inspire you. Not only will you start to make connections but you might be inspired by something new.

Dress YOUR Best.

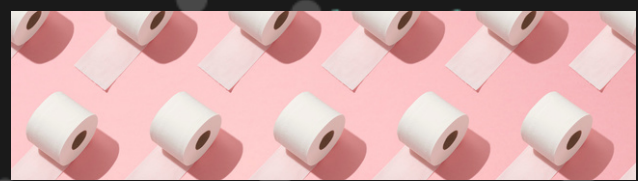


When you LOOK GOOD, you FEEL GOOD. When you FEEL GOOD, you ARE GOOD. You WILL DO BETTER ON INTERVIEWS, presentations, and more when you FEEL COMFORTABLE and CONFIDENT in HOW YOU LOOK--SO KEEP IT CUTE!

MAKE THE MOST OF YOUR BIOS ON YOUR SOCIAL MEDIA PLATFORMS. ARE THEY PRESENTING YOU IN THE WAY YOU WANT TO BE PRESENTED?

Be you! It is okay to crack a joke or talk about your own interests in interviews as long as they are appropriate.

tell us a fun fact or special talent you'd highlight on your social media, resume, or in an interview to be entered to win a prize.



T-TASK



google yourself. if you don't like what you see, it might be time to clean up your profiles.

YOU ARE A VERY IMPORTANT PERSON.

treat yourself that way. keep your profiles private and be selective about who you allow to follow you. only share with them online what you would share in person.



make sure to follow us

